



**SEXUAL ENERGY  
TRANSMUTATION**

*the secret path to  
Health, Wealth and Genius*

**Jay Onwukwe**

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TRANSMUTATION**

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# **SEXUAL ENERGY TRANSMUTATION**

*the secret path to  
Health, Wealth and Genius*

**Jay Onwukwe**

Also by  
Jay Onwukwe

**The WEALTH SECRETS  
You Must Know Before40**

To

*Uzoaru Grace Onwukwe*

my *amazon* of inestimable value

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**SEXUAL ENERGY IS  
CREATIVE POTENCY**


Sex, the carnal root of Man's *generation*, can be the source of his *degeneration*, yet holds the key to his *regeneration*.

When properly harnessed, the primordial powers of sex and its *creative essences* that initiate all earthly existence can be used to achieve anything you want.

In the *source* of this vital power lie also the sources of Wealth, Health and Genius.

Jay Onwukwe

## INTRODUCTION

hrough the mechanism of sex, you and I came into this world to experience Life. The same is true for all living creatures on planet earth.

Sex is Nature's primary channel for procreation, preservation and evolution. All living things procreate, multiply and perpetuate their kind through sexual intercourse in one form or another.

As the singular act through which Man expresses his highest creative power of bringing offspring into the world, sexual intercourse is much more than mere conjugal union; it is a profound act of great responsibility, with deep spiritual and mystical connotations.

When couples understand and align with this fact, they have within their reach, the ability to deploy the superlative powers of sex beyond biological procreation of babies - to explore the higher currents of life, and experience the deeper joys and mysteries of human existence on earth.

Indeed, the primordial creative energy in sex transcends procreation. Unfortunately, many men and women being unaware unknowingly dissipate and thus fail to avail themselves of the innate superlative powers of their abundant sex drive; and this is one primary cause of mediocrity.

This book empowers you with basic esoteric knowledge of sex. It presents the secret alchemy of sexual energy transmutation in a simple, practical and natural way, anyone can use. This arcane wisdom, taught only to Kings and Queens and their trusted inner circles in ancient dynasties, is sure to impact your sex life positively.

It is no surprise that sex is in constant focus and hype. This is because sexual desire is not only inborn, it is also the strongest desire in Man. Even the baby male child of a few months old sprouts an erection while suckling her mother's breasts, albeit unconsciously.

And because the external sex organs are easily seen and felt, sexual desire is easily aroused. Thus a lot of mental and emotional energies flow into sexual desire and its

gratification, even without much conscious effort from us.

When properly indulged in, the sex act produces such exquisite feelings of ecstasy and joy unlike any other; making the desire for physical sexual contact quite intense and irresistible in most men and women.

*An intense desire*, whether for sex, money, politics or sports laurels, is *creative potency* seeking expression or outlet, and you have a choice of how and on what to invest it. The more intense the desire, the stronger the unseen forces propelling its actualisation.

Your thoughts, desires and intentions, and the associated feelings and emotions they generate in you are *creative energies*, differing only in their *colouration* and eventual route of expression or outlet, brought about by the transforming action and power of your Mind - and *sexual desire* is no exception.

In other words, the self-same creative potency projecting as tumultuous sex drive or *sexual energy* can, by a mere switch of intent and focus, become Intellectual

energy, Money energy, Professional energy, Political energy, Sports energy, Spiritual energy, or whatever type of energy you need at any point in time.

Sex, the carnal root of Man's *generation*, can be the source of his *degeneration*, yet holds the key to his *regeneration*. When properly harnessed, the primordial powers of sex and its creative essences that initiate all earthly existence can be used to achieve anything you want - for in the source of this vital power lie also the sources of Wealth, Health and Genius. This book tells you how.

This book is intended for adults, especially couples, who desire to enlarge their enjoyment, as well as their knowledge of the mysteries of sex - and thereby derive superior benefits from proper engagement in that profound act of conjugal love.

It aims to stimulate the reader to seek deeper understanding of the mysteries, not just of sex, but of *Life* itself.

## CREATIVE ENERGY

### *The Genesis*

Quantum physics reveals that everything, including you and me and the entire universe around us is pure Energy, differing only in rate of vibration. Everything vibrates at its own specific rate, which determines its characteristics.

Similarly, the great scholar, philosopher and scientist, Albert Einstein, stated that energy can neither be created nor destroyed, but merely changes from one form to another.

A physical illustration of this principle is the molecular combination  $H_2O$  which can be solid (ice) or liquid (water) or gas (vapour), depending on its rate of vibration at any point in time subject to the prevailing atmospheric conditions of temperature and pressure.

Einstein's energy theory, encapsulated in the universal formula  $E=MC^2$ , shows that Energy is Matter, and matter is energy. Thus everything is energy.

Further analysis shows that on the lowest vibration or *dense* spectrum is solid matter which can be seen and touched. On the highest vibration or *alpha* spectrum is subtle ether or spirit, which can neither be seen nor touched – such energy vibrations are beyond the sensual perception of humans; but some domestic animals can sense them.

However, even though we do not see and feel it, *spirit essence* enfolds and permeates ALL. In it we live and move and have our being. What the ocean is to the fish, spirit is to Man.

It may help clear any misconceptions and improve our understanding, if we simply say that for the purpose of this discussion,

**THOUGHT IS  
CREATIVE ENERGY**

You are today where your  
Thoughts have brought you;  
you will be tomorrow where  
your Thoughts take you.

James Allen

*physical* refers to things we can see and touch - such as houses, tables, our bodies, etc; while *spiritual* refers to things we can neither see nor touch - such as thought, ideas, emotions, intentions, desires, etc.

Thus, we live in a universe comprised of both the physical and the spiritual worlds. The one, we can see and feel; the other, we can neither see nor feel with our primal senses, yet exists.

The *physical* dominates our awareness because we sense and identify with it all the time. But *spirit* being imperceptible, is virtually ignored, yet everywhere present, potent and operative. Our universe is a countless assortment of potent energy fields of diverse intensities in constant flux.

The *spirit* world begets the *physical* world. The *mental* world begets the *material* world. The *kingdom within* governs the *kingdom without*. Our *inner consciousness* creates our *outer experiences*. The *outside world* mirrors the *inside world*. As in *heaven*, so on *earth*. As *within*, so *without*. As *above*, so *below*. The one is *cause*, the other is *effect*.



God created Man in His own image and likeness. God is Spirit; therefore the real inner Man is spirit. As an essentially spiritual being, Man is under the authority and compulsion of Spirit. Man's primary origin and constituency is Spirituality. When Spirit enthrones and takes full dominion in Man, his *Mind* is at peace, his *Body* is harmonized, and his *Affairs* are ordered.

Just as his creator, whose image and likeness he is, Man is also a creator. Desire stimulates Thought. Man creates through his Thought and Ideas held in Mind. *Thought* is creative Energy; wherever thought goes, energy flows.

**TO BE ALIVE  
IS TO CREATE**

Life is *Consciousness* - the  
creative awareness of Man.  
To live is to create - and what  
you create is up to you.

Jay Onwukwe

Through the law of *mental causation* in action, whatever you passionately desire, you ultimately attract. Thus, any passionate thoughts held in Mind long enough come to fruition. That way, Man creates his *worldly experience* and predicts his *future* outcome.

All men and all women are endowed with abundant *creative energy*. The evolved man or woman is not only aware of this innate potency to create, but has freedom of choice as to its development and deployment for the highest good - a great responsibility.

Man is imbued with the intelligence and wisdom to develop and judiciously use his creative abilities to expand himself and uplift humanity - and this sets him apart from other animals.

Life is *spirit* - the creative essence that animates all Mankind. We can neither see nor touch *Life*, yet it exists. Life, the definitive idea in God-Mind (Genesis 1:26) is invisible, yet reveals itself in birth and death and all activities in-between. Life is activity. To be alive is to be creatively active.

Between the earthly milestones of birth and

death, life is the unbroken flow of creative energy manifestation. Birth and death respectively mark the entry and exit of life. Life is *creative awareness* expressing itself.

Life is the creative potency in Man - to live is to create. Man is constantly exercising this great power - knowingly or unknowingly - through his thoughts, desires and actions.

**YOUR MIND IS YOUR  
INNER KINGDOM**

Your Mind is a fertile soil;  
your Thoughts, Ideas and  
Desires are seeds; and they  
yield according to their kind.

Seek first to govern  
this inner kingdom with  
*right-thought-ness*, and  
all other things shall  
be added unto you.

Jay Onwukwe

Creativity is innate in Man. However, what you create is up to you. Your station in life today is a reflection of how well you have managed your creative ability since birth.

All creativity begins in the invisible - in the crucible of the Mind - as an Idea or Thought which given sufficient *attention*, eventually manifests as things. Therefore seek first to govern this inner kingdom with *right-thought-ness*, and all *outer* things shall be added unto you.

Your Mind is very fertile soil; your *thoughts and desires* are potent seeds, and they yield according to their kind. Thus your Mind, working in accord with *Cosmic Intelligence* brings about your ultimate experience, and indeed your earthly destiny. Surely, you create your world!


**POWERFUL  
MOTIVATOR**

Sexual desire is the most powerful of human desires. When driven by this desire, men develop keenness of imagination, courage, will power, persistence, and creative ability unknown to them at other times.

Napoleon Hill

## SEX MOTIVE

### *The Activator*

Whenever a man is enthralled by a woman, and he wants her, to have and to hold, a certain state of mind activates in that man. That state of mind is very potent; as it draws out the very best of the man's attributes of keen observation, imagination, courage, tact, persistence and creativity, into a coordinated *battle* plan to capture and possess that very object of his desire, the woman, even if for a fleeting moment.

An intense desire activates mental activity towards its actualization. So strong and compelling is the drive for sexual contact that men risk their prestige, reputation, relationship, business, and even life, just to indulge in it.

When driven by this motive, the mind of man invokes a super-ability for extraordinary action. This same state of mind can equally be used to achieve any other goal upon which it is directed – including wealth creation and accumulation.

It is therefore imperative that this natural but tumultuous sex drive must not only be understood, it must also be controlled, reined-in and given balanced and dignified expression through outlets that enrich and uplift the total Man.

This can be achieved through a natural but conscious process of *conservation and transmutation*; if not, sex energy continues to find release through purely physical

**TAME THE  
SEX BEAST**

Sex alone is a mighty urge to action, but its forces are like a cyclone – they are often uncontrollable....

When the emotion of love begins to mix itself with the emotion of sex, the result is calmness of purpose, poise, accuracy of judgement, and balance.

Napoleon Hill

outlets only, and possibly through other less wholesome vents such as crime and drugs.

Sexual energy transmutation is a conscious re-channelling of this potent creative force, away from purely physical outlets, and into other spheres of endeavour such as arts, intellectual, music, the professions, politics, spirituality, business, sports, etc.

This you can achieve by not always succumbing to seeking physical sexual release each and every time you feel the urge for sex, even if your partner is sitting right there next to you, ready and available. You sometimes need to recognise, revere and salute this *creative potency* surging in you as sexual energy at that very moment, and then re-direct it away from carnal sexual gratification by simply switching your *thoughts* off sex and unto some other very important tasks you need to get done.

The man or woman who expresses a high or excessive sex drive is not favourably looked upon in many societies. However, research reveals that men and women of superior accomplishments throughout history were personalities with highly developed sex



natures.

Take a mental survey around you, and you'll find that most successful people are also those with highly developed sex natures. Sexual magnetism or drive, when properly harnessed, is the key to greater personal success.

Sex is a mighty urge to action; but its forces need control and direction. History reveals that for most men of wealth and power, the needed control and guidance came from a harmonious convergence of the desire for

**TRUE LOVE  
AND ROMANCE**

...Rejoice with the wife of  
thy youth. Let her be as the  
loving hind and pleasant roe;  
let her breasts satisfy thee  
at all times; and be thou  
ravished always with  
her love.

Proverbs 5:18 & 19

sex with the emotion of love and the excitement of romance, usually made possible through the modifying influence of *a loving woman* – be she a wife or mistress.

When a man finally finds his rightful woman, the search ends, as the *butterfly* settles. With the search for true-love over, the scheming and dating that used to consume so much time, effort, mental and emotional energy, all come to an end.

Hence sexual energy begins to conserve and sublimate, as all attention and desire is not only invested, but now converge on the one and only woman in the whole universe that truly matters.

And this is the real root of the modifying influence of a loving woman on a successful man - she is truly his *amazon*, providing just the right admixture of physical, emotional, mental and spiritual solutions that satiate his quest for sex, love and romance - thus inducing *balance* - the perfect state of mind for superior accomplishment.

With such support and modifying influence from the right woman, coupled with an

unfolding positive outlook on the future, a man becomes more responsible, focused, self-assured and confident, and therefore more successful.

He becomes truly aware of his foremost responsibility - to work hard to adequately provide for the most important people in his life - the woman and her child. Indeed, *behind every successful man there is a woman.*

Fortunate indeed is the man with a high sex drive, who has also learned the art of sexual energy transmutation. The desire for sexual expression is the strongest and most impelling of all emotions in man. When

**SEX - A MAJOR  
SOURCE OF ACTION**

Destroy the sex glands,  
whether in man or beast,  
and you have removed the  
major source of action.

Napoleon Hill

properly harmonized, the coming together of the desire for sex, with the emotion of love, and the excitement of romance, produces a rare and superior state of mind in Man - a great asset for the attainment of genius and the accomplishment of superior goals.

The mere possession of a high sex drive is not enough for success and genius; it must be effectively controlled and transmuted.

Unfortunately, many men make this destiny changing discovery late in life, if at all; and usually after crossing the peak of their sex drive, which usually occurs before the age of forty-five to fifty.

It stands to reason that for those fortunate enough to know, the same peak period of sex drive can, just by a mere flip of focus and desire, also become the epoch of maximum achievement.

Sexual desire is a major source of action in man. Science reveals that the sex hormones, produced in the internal sex organs, are vital for a properly functioning sexuality. When you destroy the sex glands,

whether in man or beast, you removed the major source of action.

For proof, consider what becomes of a castrated man, dog, goat or bull. They grow fat, docile and submissive.

The functions and power of sex was well known to man even in ancient of days. Male servants attending to royal families were, for obvious reasons, usually castrated.

Hills summed up the ultimate consequence of sex alteration thus: *it takes out of the male, whether man or beast, all the fight that was in him.*

**SEXUAL  
IMAGINATION**

A woman looks at a woman  
to see what she is wearing;

A man looks at a woman  
to see what she is covering.

Anonymous

There is no drive more powerful than the desire of man for woman. And there is no motive more compelling than man's need to please his woman. Every man wants to appear great in the eyes of the woman – to be a hero. Every man wants to prove to his woman of choice, that he is worth every ounce of her love – to be her *Knight in shining armour*.

When closely scrutinized, all of a man's actions revolve around this desire and this motive. Remove this motive and this drive, and there is nothing to fight for. That is the genesis of the power of women over men.

*"No man is happy or complete without the modifying influence of the right woman. The man who does not recognize this important truth deprives himself of the power which has done more to help men achieve success than all other forces combined."* Napoleon Hill.


**SEX IS  
GOOD**

And God saw everything  
that HE had made, and  
behold it was very good.

Genesis 1:31

## **SEXUAL DESIRE**

### *Pro-creative Trigger*

ex is Nature's primary mechanism for procreation, evolution and generation. Sexual desire in man or woman is natural. Therefore, it should not be ignored, suppressed or crushed. It is perfectly normal to have erotic sexual feelings and fantasies, and you should express it, not only responsibly but also respectfully, in ways that enrich the body, stimulate the mind, and uplift the spirit of Man.

In creation, God made man, and made the woman to keep him company; and endowed them with differing, yet mutually attractive physical and sexual attributes that ensure procreation and perpetuity of the human race.

Therefore sex is nothing to be ashamed of, but something to be revered, explored, understood, enjoyed and correctly used for the purpose it was divinely instituted.

Sex is neither dirty nor unholy; in fact, to the contrary, sex is clean and holy, and



there should be no misconception about it.

Sexuality is so important in our lives today that a whole range of business activities and industries are propped by it. Marketers, advertisers, designers and many others use both direct and indirect appeal to our sexual desires and emotions to grab our attention in order to achieve their various aims and objectives.

Many multi-million dollar businesses in the fashion, pharmaceutical, beauty, publishing and entertainment sectors - both online and offline - are firmly rooted in sexual desire and its gratification.

**YE ARE  
GODS**

The Goddess resides in all women  
and the Lord abides in all men.

Jvalavali Vajramala

Unfortunately, inadequate knowledge, plus the undue hype on sexuality lead many to indulge in sexual activities that are not only wasteful, but also self-destructive.

This is aggravated by our over-exposure to, and constant bombardment with unlimited assortment of subtle sexual stimulation and auto-suggestions, which we unconsciously absorb from the print and electronic media, advertisements, films and music, just to mention a few. The result is unending arousal, fantasy and wasteful dissipation of sexual energy - a strand of creative potency.

The desire for sex is not to be condemned or suppressed, but should be understood, appreciated and lifted to its rightful place in the affairs of Man.

With a little thought, it should not be difficult for the discerning mind to see that the same sex-force, which at its primal state produces such intense orgasmic excitement and energy in both men and women can, when transmuted become:

The *fire* in the General's eye;  
The *melody* in the Singer's voice;

The *flow* in the Author's pen;  
The *warmth* in the Teacher's voice;  
The *sprint* in the Athlete's feet;  
The *firmness* in a Hand-shake;  
The *healing* in the Pastor's hands;  
The *radiance* on the Master's face;  
The *eloquence* of the Orator;  
The *charisma* of the Statesman;  
The *genius* of the Professor;  
The *charm* of a Lover;  
The *acumen* of the Businessman;  
The *doggedness* of the Champion;  
The *creativity* of the Artist;  
The *equanimity* of the Adept;  
And so on.

### HARMONY

Every time a man wishes to make love, there is a certain order of things to be followed. In the first place, the man should harmonize his mood with that of the woman.

Su-Nu-Ching

## ENERGY CENTRES

### *Cups of Plenty*

The primary energy centres in the body are the Perineum or Root, the Sacral, the Solar Plexus, the Heart, the Thorax, between the Eye Brows, and top of the Head.

Energy centres or chakras are not just the physical locations within or on the body as their names suggest, but etheric counterparts of the related organs or parts of the body. They are channels for energy interface and flow between the various levels of our being. They function as hubs for energy interaction and distribution between our finer and denser vibrations, between our inner and outer worlds, and between our spiritual and physical bodies.

Each energy centre relates to and governs a particular faculty or aspect of your life or being. It is your primary duty to develop and activate these *cups of plenty*. That way you keep your channels open for more blessings to flow in. The seven major energy centres and their areas of dominance and



**THE SEVEN MAJOR  
ENERGY CENTRES**

influence are briefly explored below.

The *Root*, located at the base of the spine, in the vicinity of the reproductive organs, is the energy centre for pro-creativity, self-identity, and self-worth or self-esteem. It governs your career choice or path, as well as your wealth mindset.

The quality associated with this centre is *Sensation*; its colour is Red. It manifests as your level of control over matters of Sex, and other lower vibration thought forms such as Fear, Anger, Jealousy, Revenge, Greed and Selfishness.

When balanced and active, you experience good health, high self-esteem, emotional harmony, and poise.

The *Sacral*, closely associated with the Root and located just above it in the region of the lower abdomen, is the energy centre for sexuality, relationship, and creativity. The faculty associated with this centre is the *Personality*; its colour is Orange. It governs the quality and calibre of your Desires, Ambitions and Aspirations.



**THE SEVEN MAJOR  
ENERGY CENTRES**

- |            |              |
|------------|--------------|
| 1 - Crown  | 2 - Forehead |
| 3 - Thorax | 4 - Heart    |
| 5 - Plexus | 6 - Sacral   |
| 7 - Root   |              |

**CREATIVE  
GENIUS**

Sex energy is the creative energy of all geniuses. There never has been, and never will be a great leader, builder, or artist lacking in this driving force of sex.


The energy must be transmuted from desire for physical contact into some other form of desire and action before it will lift one to the status of a genius.

Napoleon Hill



## TRANSMUTATION

### *The Liberator*

o transmute is to change in nature or form; alter in essence (*Webster*). In alchemy, transmutation is the supposed change of a *baser* metal into another of *greater* value. Ancient alchemists reputedly tried to transmute Lead into Gold through secret chemical processes in their hideouts.

But for Man and his *thoughts*, *Mind* is the crucible in which the alchemy of energy transmutation takes place. It is in the Mind of man that one type of thought *energy* or desire transmutes into another. Through conscious Mind action - *focus and intent* - man can restructure and project mental energy forms to yield forth their physical equivalents.

Sexual energy naturally builds-up in the body of a healthy man or woman who refrains from excessive or wasteful sexual activities; and who indulges in the sex act with love and harmony. Such accumulated sexual energy gradually converts into other energy forms, which the man or woman can

draw upon at times of need.

In its primal form, sexual energy is stored in the Root or Sex Chakra at the base of the spine; but when conserved, it accumulates, sublimates and moves up through the spinal cord, into the other energy centres of the body, especially the *Crown*.

This natural sublimation process takes place even without any conscious effort by you; and you could actually transmute sexual energy without knowing it. However, being knowledgeable and aware of this raw but potent creative energy available to you, and

**CONSCIOUS  
ACTIVATION**

While a naturally induced process of sublimation slowly re-directs accumulated sexual energy into other creative outlets, *Transmutation* is a focused conscious activation of the sublimation process.

**MY LIFE IS  
A DREAM**

*My Life* is  
like a dream;  
and I look forward to  
waking up one day,  
on the other side  
of the great *Veil*,  
and looking back  
to say:

*Wow! What a  
beautiful dream!*

Jay Onwukwe

SEXUAL ENERGY TRANSMUTATION

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